

Rising Waters Steady Faith Discussion Questions Week Two

- 1) In the From the Inside Out Journal, on page 18, we learn that what we think about God is one of the most important things about us. What did you discover this week as you contemplated the ideas you hold deep down about God?
- 2) In the From the Inside Out Journal, on page 22, we are reminded that “as we observe Jesus in Scripture—His words, His care for people, the things that brought Him to tears, and His self-giving death—we see God’s heart.” Pastor Aaron shared the story of the woman at the well in his message. Read John 4:1-45. What do you observe about Jesus in this passage?
- 3) In Pastor Aaron’s message, he reminds us that the living water Jesus offers the woman at the well is not actual water. Pastor Aaron explains that the living water Jesus tells the woman about is Him. Pastor Aaron says, “Jesus is the one who quenches our thirst and drowns us with His love.” If we are to partake of the living water Jesus offers, we can’t put everyone and everything else above God. Putting everyone and everything before God creates burnout because we will never be enough, give enough, do enough, or receive enough. What steps are you taking during Lent to learn who God is, to follow Him in love, and to let yourself learn His love for you?
- 4) Do you realize there is a direct link between our surrender to God and the rest we find in Him? If we are experiencing burnout, the best course of action is to surrender all we carry to God and allow Him to lead us. What are you carrying today? What do you need to set down with Jesus and leave in His care just as the woman left her belongings at the well?
- 5) Spend a few minutes considering your physical, emotional, relational, vocational, and spiritual needs. Where do you need God’s help and guidance? Write out your needs in a prayer that you can pray each morning as you begin your day, remembering that James 1:5 tells us, “If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.”
- 6) On page 26 of the From the Inside Out Journal, we are reminded of John 14:25-26 which says, “These things I have spoken to you while I am still with you. But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you.” How can you better rely on the Holy Spirit every day? Sometimes, it helps to have a Scripture or prayer to repeat as we go throughout the day. What Scripture or prayer would be most helpful for you? If you aren’t sure, try memorizing a line from the 23rd Psalm as your guide.